



READING/ WRITING



MATH



SCIENCE

Write letters Mm, Ee, Zz, and Kk. Say each letter name and sound as you write it

Trace the letters with your fingers and also draw them in the air

Write letters with markers, crayons, colored pencils, or create letters using beans, cereal, legos or playdough

Practice writing your name

H] a Y 5`` ch a Ybh. 30 minutes (break into 10 minute sessions)

[V\]h`m#ghcfm`\]bYcb`\]bY](#) can be used to listen to a variety of books.

Draw and color a picture of a bird, a dog and a frog. How are they the same? How are



SOCIAL STUDIES



HEALTH/PHYSICAL EDUCATION



FINE ARTS

: ПЪН \$ООВМЪНΘМ

PLQXWH VHVVLRQV

LECTURA/ ESCRITURA		



READING/ WRITING

MATH

SCIENCE

Write letters Mm, Ee, Zz, and Kk. Say each letter name and sound as you write it
 Trace the letters with your fingers and also draw them in the air
 Look for items around the house that begin with the letters Mm, Ee, Zz, and Kk. Create alphabet cards (index cards or small pieces of paper) with these letters and draw pictures of items that start with the letter on the paper
DchYbh]U` : fUXY.
 Show someone at your house how to write the letters Mm, Ee, Zz, and Kk
 H]a Y 5``cha Ybh. 30 minutes (break into 10 minute sessions)

Take 15 steps around the house while counting out loud from 1 to 15.
 While performing jumping jacks, count from one 1-5, 1-10 and 1-15. Take a break between sets and repeat at least 2 times.
DchYbh]U` : fUXY.
 Count from 1-15 to someone in your house.
 H]a Y 5``cha Ybh. 20 minutes

Review your drawings from Monday. How are the animals the same? How are they different? How do they move? What is their body covered with? Where do these animals live?
 Chose one of the animals from Monday to draw it in their habitat (nest/tree, house, pond/water).
DchYbh]U` : fUXY.
 How is a frog different from a dog? How does a bird move? How are dogs and frogs the same?
 H]a Y 5``cha Ybh. 15 minutes

SOCIAL STUDIES

HEALTH/PHYSICAL EDUCATION

FINE ARTS

Think of 2 family members. How are they the same and how they are different (hair, eyes, size, height, age, clothing)?
 Draw and color a picture of these 2 people. Be sure to include hair color, eye color, height and how they dress.
DchYbh]U` : fUXY.
 How are the people in your drawing the same? How are they different?
 H]a Y 5``cha Ybh. 20 minutes

<YU`h\
Sneezing and Coughing Safely
 Why is it important to sneeze or cough safely?
 Practice sneezing and coughing safely 5 times.
 H]a Y 5``cha Ybh. 10 minutes
D \mg]WU` 9Xi WUh]cb !
 Create an obstacle Course inside or outside your house. Some ideas for items you can use:
 Water bottles as hurdles
 Chairs & a bed sheet as a tunnel
 Chairs to jump off of
 Painter's tape or a pool noodle on the floor as a balance beam
 String/Yarn as a "laser" course
 H]a Y 5``cha Ybh. 20 minutes

A ig]W
 Students will demonstrate difference between loud/soft, high/low:
 - Walk across the room like thunder (loud) and come back like a gentle breeze (soft)
 - Walk across the room like a giraffe (high) and come back like and ant (low)
DchYbh]U` : fUXY !
 Show your parents the difference between loud/soft, high/low
 H]a Y 5``cha Ybh - 10 minutes



**READING/ WRITING****MATH****SCIENCE****SOCIAL STUDIES****HEALTH/PHYSICAL EDUCATION****FINE ARTS**



READING/ WRITING

Write letters Mm, Ee, Zz, Kk and say each letter's name and sound as you write it
Trac'



MATH

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SCIENCE

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SOCIAL STUDIES



HEALTH/PHYSICAL EDUCATION

<YU'h\

[A Visit to the Doctor](#)

Why do people visit the doctor? What do doctors wear to protect themselves from germs?

H]a Y 5``ch a Ybh. 10 minutes

D\mg]WU' 9X i WUh]cb ! [GWUjYb\[Yf < i bh](#)

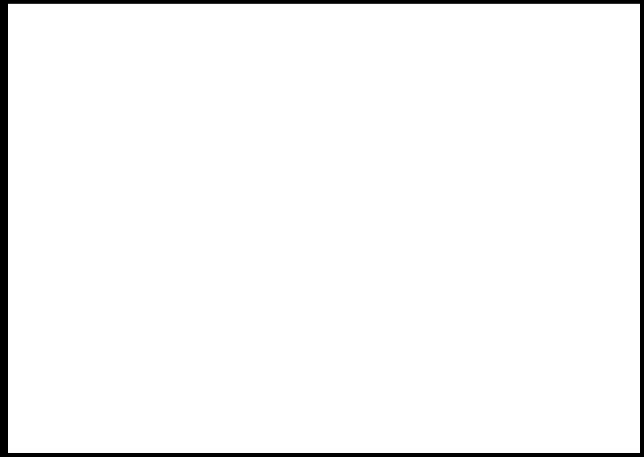
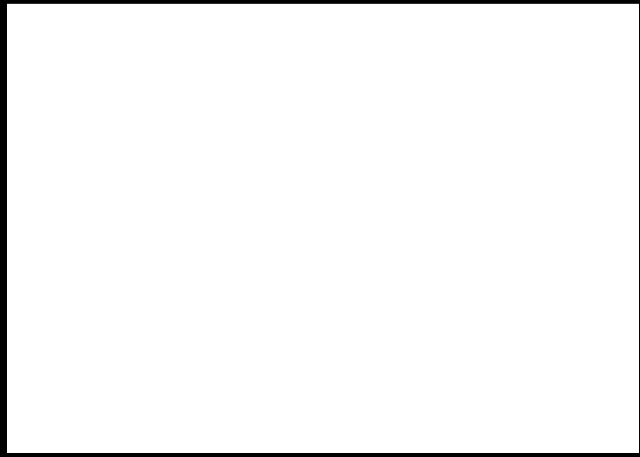
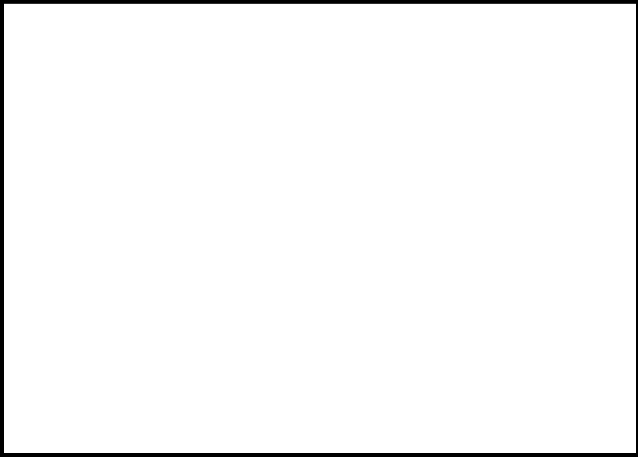
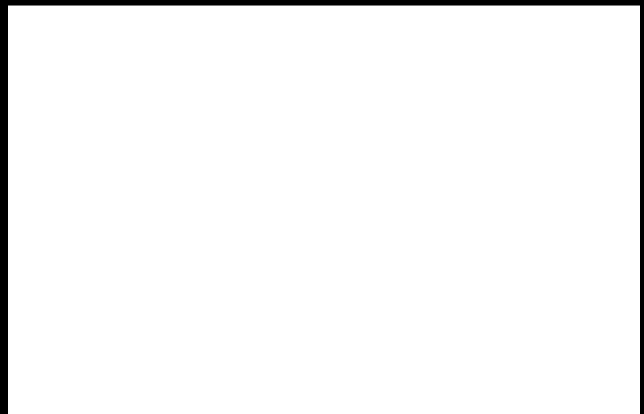
Use the scavenger hunt at this link or come up with your own! Examples:

- Find a tree - jump and do 10 wall jumps on tree
- Run around the outside of your house
- Touch every door in your house
- Count the windows on two sides of your house and do that many jumping jacks
- Skip around the outside of your house

H]a Y 5``ch a Ybh. 20 minutes



FINE ARTS





READING/ WRITING



MATH



SCIENCE

Write the letters Mm, Ee, Zz, Kk using markers, crayons or colored pencils
 Create letters using beans, legos, cereal, or playdough
 Say the letters and share picture cards made during the week for each letter

H] a Y 5`` ch a Ybh: 20 minutes

Create each shape (circle, triangle, square, rectangle) using beans, legos, cereal, or playdough. How many sides does each shape have? Which shape does not have sides? What are some things around the house with these shapes?
 Walk around house and name shapes you see. What shape do you find the most around your house?

H] a Y 5`` ch a Ybh: 20 minutes

Draw a picture of yourself doing an activity in your favorite kind of weather. Be sure to include what the weather looks like and the kind of clothing you would be wearing in this type of weather.



SOCIAL STUDIES



HEALTH/PHYSICAL EDUCATION



FINE ARTS

<YU'h\
[D is for Doctor](#)
 Draw a picture of yourself as a doctor, what would you do as a doctor? H] a Y 5`` ch a Ybh. 10 minutes
D \mg]WU' 9X i WUh]cb
: fYYnY 8UbWY.
[Shaking it Off](#) to the Taylor Swift tune, Shake it Off to a few of your favorite jams is a great way to get up off the couch or chair! To brush up on listening skills, try Freeze Dance. The rules are simple: Dance when the music plays and when the designated DJ stops the music, everyone freezes! H] a Y 5`` ch a Ybh. 20 min.

